CHARLOTTESVILLE INSIDE-OUT  Season 13
Thursdays at 8 PM (new time slot!) and Sundays at 12:30 PM

1/30/20 – UVA President Jim Ryan / CEVA Pickleball Club
Join the 9th President of the University of Virginia for an intimate conversation and a community run; then pick up a paddle and try your hand at a sport that is quickly becoming a favorite for players of all ages.

2/6/20 – Rich Tarbell / Heather Heyer Foundation
Meet a photographer whose book highlights and celebrates area musicians who have influenced the Charlottesville music scene over the past five decades; then sit down with the founders an organization created to honor a young civil rights activist and provide scholarships for individuals passionate about social change.

2/13/20 – Chickapig Board Game Founder, Brian Calhoun / The Arts Center in Orange
Catch up with a local entrepreneur who created a best-selling board game featuring a unique barnyard animal that’s a cross between a chicken and a pig; then visit a venue in the town of Orange that provides opportunities for the community to teach, exhibit, learn about and enjoy the arts.

2/20/20 – Michael Coleman / Charlottesville Area Riding Therapy (CART)
Hear from a musician whose band won the state-wide Rockin’ to Lockin’ contest and is now making a big noise across the region; then discover an organization that uses horseback riding to provide therapy for children and adults with special needs.

2/27/20 – Barboursville Vineyards / The Soho Center
Stop by an award-winning winery that has been part of our community for over four decades; then sit down with the founder of an organization dedicated to providing free books to families throughout Virginia.

3/19/20 – Beekeeper, Diego DeCorte / New City Arts Initiative
Hear from an area expert about the importance of responsible beekeeping and the science behind it; then learn about an organization that connects diverse groups in the community to cultivate new audiences for the arts.

3/26/20 – Charlottesville Area Quilters Guild / Charlottesville Women in Tech
Check out an area guild that comes together for quilting, conversation and inspiration; then explore the work of an organization focused on highlighting opportunities in our community and beyond for women in technology.
4/9/20 – Lua Project / Leslie M. Scott-Jones
Hear from a couple whose music serves as a cultural pollinator, bridging together different styles and drawing on the traditions of their families’ past; then connect with an area artist who is making a difference in the community through her work in theater, music, writing and radio.

4/16/20 – Madeline Michel / Jack Buckley
Catch up with a Tony-award winning high school drama teacher who inspires her students to take ownership of their art by writing, directing and choreographing their own productions; then spend time with a dedicated young filmmaker as he talks about his first full-length animated film and his goals for the future.

Check out a unique concert venue set inside a small garage that also serves as an art space and potluck dining hall; then learn about the important role of stormwater management at UVA and practices we can all use to help keep our water clean.

4/30/20 – Chaps Ice Cream owner Tony LaBua / Fountain Fund
Catch up with the owner of a long-time favorite Charlottesville eatery and ice cream shop; then hear from an organization whose mission is to invest in the full potential and economic independence of the formerly incarcerated to not only better their lives, but benefit the community as a whole.

5/7/20 – The Wildlife Center of Virginia / UVA Memorial to Enslaved Laborers and Descendant Outreach Program
Visit a teaching hospital for wildlife that has treated more than 200 native species; then learn about a memorial project that commemorates the men and women who were once enslaved at the University of Virginia and serves as a symbolic acknowledgement of a difficult past, as well as a place of learning and healing.

TUNE IN:

Charlottesville
Over-the-air 41.1
Comcast 807 & 1041
DirectTV 41
DishTV 7933

Harrisonburg
Over-the-air 51.1
Comcast 811 & 1051
DirectTV 389
Lumos 1013
Shentel 612
Hardy OneNET 1042

Richmond
Over-the-air 23.1
Verizon FIOS 523
Comcast 803
DirectTV 23
DishTV 9391